

## Who We Are

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### About Us

Dr. Cecchi offers a wide variety of eye and vision related services.

Specializing in cataract surgery, he also offers comprehensive eye exams, glaucoma screening and treatment, macular degeneration monitoring, and functional eyelid surgery.

### Contact Us

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Web: [cecchimd.com](http://cecchimd.com)

### Locations

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What is  
Pseudoexfoliation?

## What is Pseudoexfoliation?

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Pseudoexfoliation (PXF) is a condition within the eye diagnosed by your eye doctor. It is a fairly common condition which can affect one or both eyes. PXF is defined as a deposition of dandruff-like protein within the structures of the eye. It does not necessarily run in families but seems to be more common in Caucasian females and people of Scandinavian descent. PXF is not itself causative of visual symptoms.

More reading may be found online at [glaucoma.org](http://glaucoma.org) and [aao.org](http://aao.org).

## Why is it important?

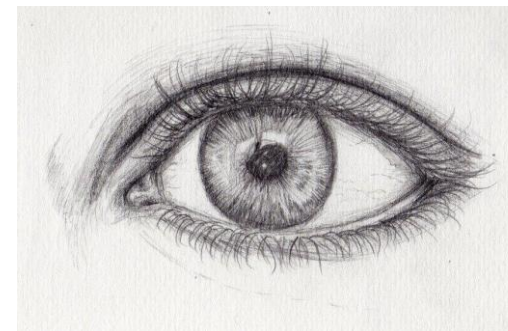
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Pseudoexfoliation may have several ocular effects. Though it does not have visual symptoms, it may heighten your risk for developing glaucoma.

Glaucoma damages the optic nerve of the eye and may lead to severe vision loss if not treated. Yearly testing for this may be recommended.

Second, it carries a higher risk for eye surgery. PXF can weaken the internal structures of the eye making routine cataract surgery more difficult. After cataract surgery the intraocular implant may shift due to PXF, though this rarely occurs.

Last, it may have systemic effects. Studies have found PXF in skin and other organs but the effects of this are unknown presently.



## What should I do?

Dr. Cecchi may recommend yearly visual field testing along with serial photos of the optic nerve. Nerve fiber layer analysis with Heidelberg Engineering Spectral Domain Ocular Coherence Tomography (SD-OCT) is also done to detect any subtle changes that may occur to the optic nerve.

For surgery, pupil dilation is extremely important for a safe and effective procedure. Dr. Cecchi may use stronger dilation drops as well as intra-operative pupil expansion device to facilitate a safe operation.